Sunday November 16, 2014 - Milligan competed in the Kona Chocolate Run 10k and 5k {backto-back} Charity Races to benefit the University of Michigan C.S. Mott Children's Hospital, the Leukemia/Lymphoma Team in Training, the Barbara Ann Karmanos Cancer Institute, and the Plymouth Parks and Recreation Department.

There were 4,700 runners this year. Milligan ranked in the top 5% of runners in the 5k, and the top 10% of the 10k race.

2014 KONA CHOCOLATE RUN - 5K





Finish Time		Location	Net Time	Clock Time	Pace
Finish Net	25:48	Start	00:00		
Finish Gun	26:08	Finish	25:48	26:08	8:17 /mi

2014 KONA CHOCOLATE RUN - 10K

Placed 33rd in M 50-54





Finish Time		Location	Net Time	Clock Time	Pace
Finish Net	54:01	Start	00:00		
Finish Gun	54:07	Finish	54:01	54:07	8:41 /m