

On Saturday, April 4th, 2015, international author and abuse prevention advocate Gregg Tyler Milligan ran the Annual 5k Milford Easter Dash, Milford, Michigan.

All the profits from this race will go to support Community Sharing. They are a non-profit organization in Highland, MI. Their mission is to provide food, clothing, educational and emergency financial assistance to those in need while respecting their dignity and fostering their independence. For more information: CLICK HERE for their website. http://www.community-sharing.org/1/203/index.asp.

The average time for males was 32:31. Milligan came in nearly 6 minutes faster. Not bad for his first charity race of the season. The course was made up of a series of at least seven high hills, twists/turns, and a natural cross-country rugged terrain.

Net Time 00:26:43.0

Overall: 32 / 180 Gender: 19 / 66 Categ: 2 / 8 Race No: 103
Gender Male
Place: Overall $32^{nd} / 180$ Place: Gender $19^{th} / 66$ Place: Division $2^{nd} / 8$ City Canton
State MI

Pace **8:37 min/m**